

Inspiration Of A Cancer Survivor

Mrs. Sompit Jongmeesuk / Teacher / Age _(now) 61 years



Into the new hope...
Alternative &
Integrative Functional
Medicines

Cancer Therapy with 'Yod-Ying Protocol' under BVRC

Symptoms & progress of dis-ease prior to The Yod-Ying Protocol

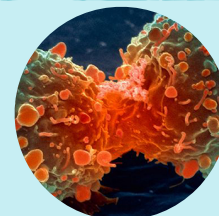
The hospital suggested Mrs. Sompit for end-of-life care. She was taken home, bed-ridden, totally dependent on a care-taker. She could not feed or go to the toilet by herself. There was total loss of strength on top of complete hair loss.

Initial symptoms during The Yod-Ying Protocol

After 7 days of medicinals intakes, Mrs. Sompit could sit up on her bed with help. Then she progressively was able to move by herself along the months, from sitting on a bed-toilet-bowl by herself to getting off bed and slowly being able to walk without help.

During the course, Mrs. Sompit reported an episode of vomiting out the medicinals due to numerous capsules per intake. She used to be depressed and nearly gave up because of that. Initial her appetite was not good at all. But she put out all her efforts to eat and it was much better from a stage of being unable to eat at all prior to this.

She progressively improved, like climbing up the stairs. Her strength returned after about 1 full year. She could perform normal daily activities from going to the toilet to cooking. Her weight slowly regained. Mrs. Sompit was able to return to work after one and a half year.



Entering Therapy With:

Cancer of lymph nodes, with rib bone metastasis

When:

2013

Former Treatments:

On 1st chemotherapy course in 2012 at Siriraj hospital. The initial week improved symptoms of profuse sweating and fatigue. However, after a 7-dose course, metastases were found in the rib cage. The treatment plan then was to change for stronger chemo drugs.

While receiving initial dose of the 2nd chemo course, the patient experienced extreme lethargy, total loss of hair and appetite, no strength to even speak and feeling weary on slight breaths, having to rely on oxygen tank, becoming helpless and dependent on care-taker for feeding and going to the toilet. She then was transferred to a local hospital for palliative care, weighed down to 37 kg, continually deteriorating until the hospital set a discharge, suggesting an end-of-life care and to wait for her time at home.

1

MEDICINAL INTAKES

Serious & strict,
all according to
professional advice

2

LIFESTYLE ADJUSTMENT

The key to
accomplishment is
patient's cooperation
and participation

3

ASPIRATION

Positive mind &
confidence lead to
optimal therapeutic
outcomes

Therapeutic Success

The heart of the therapy is aspiration & involvement of the patient.

Mrs. Sompit was very strict with her medicinal intakes; never had missed even one single capsule. She was scheduled like a clock, waking up for her first prescription at exactly 5am daily. And with exact meal times so that her medicinals could all go in within a particular day.

With difficulty swallowing the many capsules in each intake, Mrs. Sompit was advised to keep the capsules in the mouth for a few seconds to help softening them before swallowing. Later on she chose to go for liquid extracts which helped ease her intakes to a great extent.

Diet wise, Mrs. Sompit was very serious about it. At times with her initially low appetite, but knowing that foods would recuperate her weakened body, she would eat anything recommended in order to fight with the disease. She also abstained from the restricted foods at 100%, to the level that she used to cry with her intensive cravings but still would not break the diet. Her diet consisted mainly of vegetables and eggs, with optimal lean meat as required from her monthly blood readings.

Furthermore, the care she received from her surroundings was highly crucial. Mrs. Sompit has got her husband (Mr. Panja) who has always been around to support, for both her physical and emotional needs: from cooking, feeding, cleaning, carrying her around and so on. He indeed changed his diet and lifestyles to match hers. Mr. Panja had never once gave her any discouraging words; he only spoke of creative thoughts



and compassionate inspirations. Mr. Panja had never thought of giving up. Even the moment the hospital told him to take her home for her time, he was not desperate. On the other hand, he just knew he had another chance to only put out his best efforts to care for her, knowing it might be his last. Additionally, he had 100% confidence in the therapy and was encouraged from the moment he saw his wife sitting up after 7 days of the medicinals. It lifted him up from the worst point of seeing her deteriorating prior.

“The hospital had no more treatments, only palliative care. Until the doctor ordered a discharge, to wait for my time at home...”

“Now I have a lot of strength and vitality. I feel even much stronger than before I was ill”

Therapy duration under BVRC

A little over 2 years. It all started with disbelief and discouragement from conventional doctors that alternative medicines could better things. And Mrs. Sompit initially thought that the costs was too high. Yet her husband fought hard to trade that with his wife's resumed health and vitality, of which he was there to witness all along. When compared to the cost of chemotherapy, if not redeemable from welfares or insurance, it is rather similar. But chemotherapy did not save her life. On the contrary, Mrs. Sompit felt it was something which nearly took her life.

CURRENT STATE OF HEALTH, IN 2018

Healthy and strong. Weight reaches back to normal. Full of strength and vitality. Back to her normal activities, yet feels much stronger than before. Her periodical medical check-ups reveal no cancer recurrence up until presence.

“I only want to share my inspiration to other patients, not to panic, not to give up. To only think of positive thoughts, any serious disease is also just a disease. It can come; it can also go. Just be strong.”

Confidence & good spirit prove highly crucial.



Mrs. Sompit & her soulmate Mr. Panja
August 2018